





# **Armed Forces College of Medicine AFCM**



# **Analgesic Antipyretics (3)**

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# INTENDED LEARNING OBJECTIVES (ILO)



By the end of this lecture the student will be able to:

1. Identify the most important pharmacological differences between aspirin and other NSAIDs
2. Explain the mechanism of analgesic and antipyretic actions of Acetaminophen (Paracetamol)
3. Identify the therapeutic uses of Paracetamol
4. Relate the metabolism of paracetamol to its acute toxicity
5. Recognize Choice of drugs in treatment of Rheumatoid arthritis

# Other Non-Selective COX - Inhibitors

➤ Ibuprofen, ketoprofen, Naproxen  
less Gastric irritation and bleeding

➤ Indomethacin

Very Potent Analgesic Anti-pyretic -inflammatory  
Rheumatic.

*but severe side effects (aplastic  
anaemia )*

➤ Mefenamic acid (ponstan)

severe diarrhea & abdominal pain.

Not More than a week. NOT in Children or  
Pregnancy

# Selective *COX-2* Inhibitors (Coxibs)

- **They Include:**

- ◆ Celecoxib

Extensively Metabolized in the  
liver by  
cytochrome P-450

## ✓ *COX-1*

### *Cytoprotective PGs*

**Less G.I.T. irritation**

**No effect on platelets**

**Less renal  
toxicity**  
(COX-2 is constitutive  
in the kidney)

## Selective *COX-2* *inhibitors*

### *Inflammatory PGs*

**Analgesic**

**Anti-Pyretic**

**Anti-Inflammatory**

# Selective *COX-2* *inhibitors*

## Side Effects

- ◆ High incidence of thrombo-embolic diseases



# Acetaminophen (Paracetamol)

Acetaminophen

en

**Selective**  
**COX-3**



**Mainly C.N.S**

**Analgesic**

**Anti-Pyretic**

**Weak**

**Peripheral**

**No** Anti-inflammatory

**No** effect on:

Gastric acidity

Platelet aggregation

Bronchial asthma

Uric acid.

# Acetaminophen

## Uses:

Analgesic Antipyretic (1/2 – 1 g)

especially in patients who can not tolerate aspirin e.g.

- Allergy to Aspirin,
- Bronchial asthma,
- Peptic ulcer
- Children with viral infection,
- Bleeding tendency
- Gout.

**All of the following can be produced by acetaminophen EXCEPT:**

- a) Anti-inflammatory effect**
- b) Analgesic effect**
- c) Anti-pyretic effect**
- d) Inhibition of COX-3 enzyme**
- e) Liver damage on overdose**

# Acetaminophen (Paracetamol)

## Metabolism

:



5%

CYP-450

N-acetyl-p-benzo-  
quinone (NAPQI)

Toxic

Glutathione

95% Conjugation  
with  
Glucuronic  
acid &  
Sulfate  
Inactive metabolite

Non-Toxic  
metabolite

# Acetaminophen

## *Adverse effects:*

It is well tolerated at therapeutic doses.

if toxic dose □ Hepatic necrosis

# Acetaminophen ➤ Acute Toxicity:

Toxic dose



single dose of 10-15 g in adults

**Paracetamol**

(200mg/kg)

4 g in children

**Accumulation of  
N-acetyl-p-benzo-quinone  
(NABQ)**

- Hepatotoxic  
( Hepatic necrosis )

**Depletion  
of  
Glutathione**

inactive metabolite

N-acetyl-p-benzo-quinone (BQ)

metabolite

# Acetaminophen ➤ Acute Toxicity:

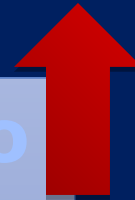
## Treatment

**N-Acetylcysteine I.V**  
(Rich in S-H)

N-acetyl-p-benzo-  
quinone  
(NABQ)

Glutathio  
ne

Non-Toxic  
metabolite



# Treatment of Rheumatoid Arthritis

I- Steroidal Anti-Inflammatory Drugs (SAIDs):  
e.g. corticosteroids as  
Prednisolone.

II- Non-Steroidal Anti-Inflammatory Drugs:

A) Rapidly Acting Anti-Rheumatic Drugs:

Almost All Antipyretic Analgesics Exce

Paracetamol

B) SLOW Acting Anti-Rheumatic Drugs:

Di... M... i... A... R... h...



# Disease Modifying Anti-Rheumatic Drugs (DM-ARD)

slow the course of the disease, induce  
remission,  
and **prevent further destruction** of the joints  
and  
involved tissues.

➤ **When a patient is diagnosed with RA:**  
**DMARDs should be started within 3**  
**months** to help  
stop the progression of the disease at the  
earlier  
stages.

# Choice of drugs in treatment of Rheumatoid Arthritis

- For patients with low disease activity:  
**Monotherapy** may be initiated **with any of the DMARDs**  
  
(methotrexate, leflunomide, hydroxychloroquine, or sulfasalazine)  
  
No one DMARD is efficacious and safe in every patient, and trials of several different drugs may be necessary.
- For patients with moderate to high disease activity or inadequate response to monotherapy:  
**Combination DMARD** therapy (usually methotrexate based)  
OR  
Use of **anti-TNF drugs** (e.g. adalimumab, etanercept and infliximab)

**An 18-month-old boy dies from an accidental overdose of acetaminophen. Which of the following is the most likely cause of this patient's death?**

- a) Arrhythmia**
- b) Hemorrhagic stroke**
- c) Liver failure**
- d) Non cardiogenic pulmonary edema**
- e) Ventilatory failure**

- **Ibuprofen, ketoprofen, Naproxen: less Gastric irritation and bleeding**
- **Mefenamic acid (ponstan)** severe diarrhea & abdominal pain.

**NOT** in Children or

Pregnancy

- **Indomethacin** Very Potent *but severe side effects (aplastic anaemia)*
- **Diclofenac (voltaren)** : *Concentrated in synovial fluid 4 times > plasma*

### Acetaminophen (Paracetamol)

1. Acetaminophen (Paracetamol) has analgesic and antipyretic actions
2. Acetaminophen has **NO anti-inflammatory action**
3. Acetaminophen acts by **selective inhibition of COX-3 enzymes**
4. Paracetamol **acute toxicity is due to Accumulation of N-acetyl-p-benzo-quinone (NABQ) metabolite which is toxic to the liver** and results in Hepatic

## Suggested Textbooks



1. Whalen, K., Finkel, R., & Panavelil, T. A. (2018) Lippincott's Illustrated Reviews: Pharmacology (7<sup>th</sup> edition.). Philadelphia: Wolters Kluwer
2. Katzung BG, Trevor AJ. (2018). Basic & Clinical Pharmacology (14<sup>th</sup> edition) New York: McGraw-Hill Medical.

*Thank  
You*